



## Weetabix Food Co. Consumer Services

FREEPOST RTJX-CZGH-ZLYK · PO BOX 5 · BURTON LATIMER · KETTERING · NN15 5JR

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# Wheat/Oat/Gluten Ingredient List

Product does contain as  
an ingredient

### *Breakfast Cereals & Drinks*

	Wheat & Wheat Gluten	Oat & Oat Gluten	Barley & Barley Gluten
Weetabix	✓	✗	✓
Weetabix Banana Flavour	✓	✗	✓
Weetabix with Chocolate	✓	✗	✓
Weetabix Golden Syrup	✓	✗	✗
Weetabix Organic	✓	✗	✓
Weetabix Crunchy Bran	✓	✓	✓
Weetabix Protein	✓	✗	✓
Weetabix Crispy Minis – Banana	✓	✗	✗
Weetabix Crispy Minis - Chocolate Chip	✓	✗	✗
Weetabix Crispy Minis - Fruit & Nut	✓	✗	✗
Weetabix Crispy Minis - Honey	✓	✗	✗
Weetabix Crispy Minis	✓	✗	✗
Weetabix On The Go Drink - Banana	✓	✗	✗
Weetabix On The Go Drink – Chocolate	✓	✗	✗
Weetabix On The Go Drink – Strawberry	✓	✗	✗
Weetabix On The Go Drink – Vanilla	✓	✗	✗
Oatibix	✗	✓	✓
Oatibix Flakes - Golden Oat Flakes	✗	✓	✓
Oatibix Flakes - Mixed Raisin & Sultana	✗	✓	✓
Ready brek Original	✗	✓	✗
Ready brek Chocolate	✗	✓	✗
Ready brek Golden Syrup	✗	✓	✗
Weetos & Weetos Meteors & Weetos Waffles	✓	✗	✗
Alpen Original	✓	✓	✓
Alpen No Added Sugar	✓	✓	✓
Alpen Raspberry & Apple	✓	✓	✓
Alpen Apricot, Almond & Hazelnut	✓	✓	✓
Alpen Dark Chocolate	✓	✓	✓
Alpen Porridge - Blueberry, Cranberry & Nuts	✓	✓	✓
Alpen Porridge - Fruit & Nut	✓	✓	✓
Alpen Porridge - Raspberry, Apple & Raisin	✓	✓	✓
Alpen Porridge – Golden Syrup, Almond & Hazelnut	✓	✓	✓
Alpen Porridge - Maple & Pecan	✓	✓	✓
Alpen Granola (ALL FLAVOURS)	✓	✓	✓
Weetabix OTG Protein Drinks (ALL FLAVOURS)	✓	✗	✗
Weetabix Protein Crunch Original	✓	✓	✗



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an ingredient

## Cereal Bars

	Wheat & Wheat Gluten	Oat & Oat Gluten	Barley & Barley Gluten
Alpen Blueberry & Cranberry with Yogurt bar	✓	✓	✓
Alpen Coconut with Milk Chocolate bar	✓	✓	✓
Alpen Fruit & Nut bar	✓	✓	✓
Alpen Fruit & Nut with Chocolate bar	✓	✓	✓
Alpen Raspberry & Yogurt bar	✓	✓	✓
Alpen Strawberry & Yogurt bar	✓	✓	✓
Alpen Strawberry bar	✓	✓	✓
Alpen Milk & Dark Chocolate Bar	✓	✓	✓
Alpen Chocolate & Caramel	✓	✓	✓
Alpen Light Apple & Sultana bar	✓	✓	✓
Alpen Light Cherry Bakewell bar	✓	✓	✓
Alpen Light Chocolate & Fudge bar	✓	✓	✓
Alpen Light Double Chocolate bar	✓	✓	✓
Alpen Light Summer Fruits bar	✓	✓	✓
Alpen Light Jaffa Bar	✓	✓	✓
Alpen Light Bannoffee Bar	✓	✓	✓
Alpen Trail Bars - Chunky Nuts	✓	✓	✓
Alpen Trail Bars - Fruit & Nuts	✓	✓	✓
Alpen Trail Bars – Big Berries	✓	✓	✓
Oaty Bars - Milk Chocolate Smasher bar	✓	✓	✓
Oaty Bars – Rainbow Smashems	✓	✓	✓
Oaty Bars - Toffee Dazzler bar	✓	✓	✓

- ✗ Does NOT contain as an ingredient  
 ✓ DOES contain as an ingredient