



Weetabix Food Co.

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Wheat/Oat/Gluten Ingredient List

Breakfast Cereals

	Wheat & Wheat Gluten	Oat & Oat Gluten	Barley & Barley Gluten
Weetabix	✓	✗	✓
Weetabix Banana Flavour	✓	✗	✓
Weetabix with Chocolate	✓	✗	✓
Weetabix Golden Syrup	✓	✗	✗
Weetabix Organic	✓	✗	✓
Weetabix Crunchy Bran	✓	✓	✓
Weetabix Protein	✓	✗	✓
Weetabix Additions Apple & Raisin	✓	✓	✓
Weetabix Additions Coconut & Raisin	✓	✗	✓
Weetabix Crispy Minis – Banana	✓	✗	✗
Weetabix Crispy Minis - Chocolate Chip	✓	✗	✗
Weetabix Crispy Minis - Fruit & Nut	✓	✗	✗
Weetabix Crispy Minis - Plain	✓	✗	✗
Oatibix	✗	✓	✓
Oatibix Flakes - Golden Oat Flakes	✗	✓	✓
Oatibix Flakes - Mixed Raisin & Sultana	✗	✓	✓
Ready Brek Original	✗	✓	✗
Ready Brek Chocolate	✗	✓	✗
Ready Brek Original Sachets	✗	✓	✗
Ready Brek Chocolate Sachets	✗	✓	✗
Weetos & Weetos Meteors & Waffles	✓	✗	✗
Alpen Original	✓	✓	✓
Alpen No Added Sugar	✓	✓	✓
Alpen Granola (ALL FLAVOURS)	✓	✓	✓
Weetabix Branflakes	✓	✗	✓
Weetabix Fruit & Fibre	✓	✗	✓
Weetabix Weetaflakes	✓	✗	✓
Weetabix Protein Crunch Original	✓	✓	✗
Weetabix Protein Crunch Chocolate	✓	✓	✗

Wheat/Oat/Gluten Ingredient List

Cereal Bars & On-The-Go Drinks

	Wheat & Wheat Gluten	Oat & Oat Gluten	Barley & Barley Gluten
Alpen Fruit & Nut with Chocolate bar	✓	✓	✓
Alpen Raspberry & Yogurt bar	✓	✓	✓
Alpen Strawberry & Yogurt bar	✓	✓	✓
Alpen Milk & Dark Chocolate Bar	✓	✓	✓
Alpen Chocolate & Caramel	✓	✓	✓
Alpen Light Apple & Sultana bar	✓	✓	✓
Alpen Light Cherry Bakewell bar	✓	✓	✓
Alpen Light Chocolate & Fudge bar	✓	✓	✓
Alpen Light Double Chocolate bar	✓	✓	✓
Alpen Light Summer Fruits bar	✓	✓	✓
Alpen Light Jaffa Bar	✓	✓	✓
Alpen Light Banoffee Bar	✓	✓	✓
Weetabix On The Go Protein Drinks (ALL FLAVOURS)	✓	✗	✗
Weetabix On The Go Drink – Vanilla	✓	✗	✗
Weetabix On The Go Drink – Strawberry	✓	✗	✗
Weetabix On The Go Drink – Chocolate	✓	✗	✗
Weetabix On The Go Drink – Banana	✓	✗	✗

- ✗ Does NOT contain as an ingredient
 ✓ DOES contain as an ingredient